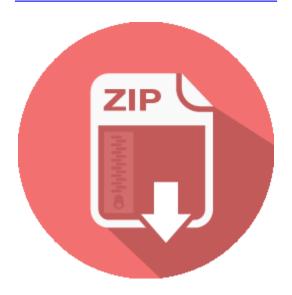
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About Byron Katie The Work

Byron Katie, founder of The Work, has one job: to teach people how to end their own suffering. As she guides people through the powerful process of inquiry she calls The Work, they find that their stressful beliefs about life, other people, or themselves radically shift and their lives are changed forever.

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